



Essential MultiVitamins



Dietary Supplement • Net Wt. 32 oz

SUGGESTED USE: 1 ounce daily as a dietary supplement. Follow with 8 ounces of pure water. May be taken with food. Shake Well Before Every Use (settling is normal). **Refrigerate After Opening. Keep Out of Reach of Children.** Use within 1 year of manufacture (MFD date on bottom). **WARNING:** Consult your healthcare provider before taking any supplement, especially if pregnant or nursing, or if you have any known or suspected allergies, or are taking any prescribed or over the counter medication or other supplements.

Supplement Facts

Serving Size: 1 Fl. Oz. (2 Tbs) • Servings Per Container - 32

Amount Per Serving % DV*		Amount Per Serving % DV*			
Organic Vitamin A Complex		Vitamin C Immune and Antioxidant Complex		Organic Alkalinizing Greens and Detox Blend	140 mg *
Vitamin A as CaroCare® non-GMO beta carotene	900 mcg RAE 100%	Vitamin C as Non-GMO Ascorbic Acid	225 mg 250%	Organic Milk Thistle	20 mg *
Mixed Carotenoids from Organic Carrot Root	45 mg *	Organic Acerola, Camu Camu, Amla, Orange Peel, and Rose Hips	60 mg *	Organic Spirulina Algae	50 mg *
High-Potency Vitamin B Complex		Organic Citrus Bioflavonoids from Organic Oranges, Lemons, Tangerines	20 mg *	Organic Moringa	25 mg *
B1 Thiamine as BenfoPure® Benfotiamine	1.2 mg 100%	Elderberry as BerryShield® Extract	20 mg *	Organic Kale	25 mg *
B2 Riboflavin as Riboflavin 5'-Phosphate	6.5 mg 500%	Metabolic Vitamins, Minerals and Essential Cofactors		Organic Broccoli	20 mg *
B3 Niacin as Niacinamide	20 mg 125%	Vitamin D-3 as Cholecalciferol (2000 IU)	50 mcg 250%	Cardiovascular, Circulatory Support and Antioxidant Blend	225 mg *
B5 as Pantesin® Pantethine CoEnzyme A	10 mg 200%	Vitamin E as SunVitol® d-alpha-tocopherol from Sunflowers	15 mg 100%	Organic Resveratrol Extract	5 mg *
B6 Pyridoxine as Pyridoxal 5'-Phosphate	8.5 mg 500%	Calcium as Albion TRAACS® calcium chelate	60 mg 5%	Curcumin (Turmeric Extract)	50 mg *
Folate as L-Methylfolate calcium (L-5-MTHF)	680 mcg DFE 170%	Magnesium as Albion TRAACS® magnesium chelate	60 mg 15%	Organic Beet Root	50 mg *
Folinic Acid as Calcium Folate	680 mcg DFE 170%	Zinc as Albion TRAACS® zinc chelate	2 mg 18%	Organic Pomegranate	40 mg *
B12 as Methylcobalamin	60 mcg 2500%	Selenium as L-Selenomethionine	11 mcg 20%	Organic Blueberry	10 mg *
B12 as Adenosylcobalamin	60 mcg 2500%	Copper as Albion TRAACS® copper chelate	90 mcg 10%	Organic Acai Extract	25 mg *
Biotin	300 mcg 1000%	Manganese as Albion TRAACS® manganese chelate	200 mcg 10%	Organic Olive Leaf Extract	20 mg *
Choline as Vitacholine® choline bitartrate	100 mg 18%	Chromium as Albion TRAACS® chromium chelate	7 mcg 20%	Grape Seed Polyphenol Extract	25 mg *
B8 Inositol as myo-Inositol	50 mg *	Fulvic Trace Minerals	25 mg *	Essential Amino Acid Blend	100 mg *
Betaine	20 mg *	L-Valine, L-Tryptophan, L-Threonine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine			

Other Ingredients: Purified Water, Organic Juice Concentrates (Organic Apple, Organic Pear, Organic Red Grape, Organic Elderberry, Organic Blueberry, Organic Blackberry, Organic Cherry, Organic Cranberry, Organic Pomegranate, Organic Pineapple), Organic Flavors, Stevia Leaf, Organic Acids and Natural Preservatives

**These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.

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REV EMV32R0621MEL