

**SUGGESTED USE:** 3 capsules daily. Take with at least 8 ounces of pure water. Take 1/2 hour away from medications.

Manufactured and Distributed by:  
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Consult your healthcare practitioner before use, especially if pregnant or nursing or if taking any other supplements or medications for contraindications. Keep out to reach of children. Best if used within 2 years of the manufacture date (MFD) on bottom. This product is a non-GMO, all natural, vegetarian formula. This product does not contain any corn, sucrose, dairy, casein, salt, starch, yeast, soy derivatives, wheat, gluten, or artificial colors, flavors, or preservatives.

REV EMV90C0621MEL



CELL-READY  
NUTRITION



NON-GMO



VEGETARIAN  
FRIENDLY



PURE &  
NATURAL

90 capsules - Dietary Supplement



# Essential MultiVitamins

## Supplement Facts

Serving Size 3 Capsules  
 Servings Per Container 30

	Amnt/Serv	% DV*		Amnt/Serv	% DV*
<b>Organic Vitamin A Complex</b>					
Vitamin A as CaroCare® Beta-carotene	900 mcg RAE	100%	Magnesium as Albion TRAACS® Magnesium Chelate	60 mg	15%
Mixed Carotenoids from Organic Carrot Root	45 mg	*	Zinc as Albion TRAACS® Zinc Chelate	2 mg	18%
<b>High-Potency Vitamin B Complex</b>					
B1 Thiamine as BenfoPure® Benfotiamine	1.2 mg	100%	Selenium as L-Selenomethionine	11 mcg	20%
B2 Riboflavin as Riboflavin 5'-Phosphate	6.5 mg	500%	Copper as Albion TRAACS® Copper Chelate	90 mcg	10%
B3 Niacin as Niacinamide	20 mg	125%	Manganese as Albion TRAACS® Manganese Chelate	200 mcg	10%
B5 as Pantestin® Pantethine CoEnzyme A	10 mg	200%	Chromium as Albion TRAACS® Chromium Chelate	7 mcg	20%
B6 Pyridoxine as Pyridoxal 5'-Phosphate	8.5 mg	500%	Fulvic Trace Minerals	25 mg	*
Folate as L-Methylfolate calcium (L-5-MTHF)	680 mcg DFE	170%	<b>Organic Alkalinizing Greens and Detox Blend 140 mg *</b>		
Folinic Acid as Calcium Folate	680 mcg DFE	170%	Organic Milk Thistle	20 mg	*
B12 Methylcobalamin	60 mcg	2500%	Organic Spirulina Algae	50 mg	*
B12 Adenosylcobalamin	60 mcg	2500%	Organic Moringa	25 mg	*
Biotin	300 mcg	1000%	Organic Kale	25 mg	*
Choline from Vitacholine® Choline Bitartrate	100 mg	18%	Organic Broccoli	20 mg	*
B8 Inositol as myo-Inositol	50 mg	*	<b>Cardiovascular, Circulatory Support and Antioxidant Blend 225 mg *</b>		
Betaine	20 mg	*	Organic Resveratrol Extract	5 mg	*
<b>Vitamin C Immune and Antioxidant Complex</b>					
Vitamin C as Non-GMO Ascorbic Acid and Magnesium Ascorbate	225 mg	250%	Curcumin (Turmeric Extract)	50 mg	*
Organic Acerola, Camu Camu, Amla, Orange Peel, and Rose Hips	60 mg	*	Organic Beet Root	50 mg	*
Organic Citrus Bioflavonoid Complex from Organic Oranges, Lemons, and Tangerines	30 mg	*	Organic Pomegranate	40 mg	*
Elderberry Extract as BerryShield®	20 mg	*	Organic Blueberry	10 mg	*
<b>Metabolic Vitamins, Minerals and Essential Cofactors</b>					
Vitamin D-3 as Cholecalciferol (2000 IU)	50 mcg	250%	Organic Acai Extract	25 mg	*
Vitamin E as SunVitol® d-alpha-tocopherol from Sunflowers	15 mg	100%	Organic Olive Leaf Extract	20 mg	*
Calcium as Calcium Citrate	60 mg	5%	Grape Seed Polyphenol Extract	25 mg	*
			<b>Essential Amino Acid Blend 100 mg *</b>		
			L-Valine, L-Tryptophan, L-Threonine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine		
			<b>Essential Fatty Acids and Phospholipids</b>		
			Flax Seed ALA Omega 3 Fatty Acids	100 mg	*
			Sunflower Lecithin Phospholipids	100 mg	*
			<b>Other Ingredients:</b> Veggie capsule		

\*Daily Value not established.

\*\*These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.