

**SUGGESTED USE:** One dropper at bedtime. Shake well before use (settling is normal) Two to three droppers may be taken if instructed by Healthcare Provider.

**WARNINGS:** Use ONLY at bedtime and allow 6-8 hours for sleep. Do not use if pregnant or breastfeeding. Consult with your healthcare provider before use if taking any prescription medications such as anti-depressants or MAOI's or any other supplements. Do not take this product while driving or operating heavy machinery.

These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.



RELAX & RESTORE

# Good Nite

CALM • REST • SLEEP

60 ml • 2.03 fl. oz. - Dietary Supplement

## Supplement Facts

Serving Size: 1.0ml (use graduated dropper to measure)  
Servings Per Container: 60

Calories		5			
	Amount	DV %		Amount	DV %
Vitamin B-6	5 mg	295%	Inositol	30 mg	*
Magnesium	30 mg	7%	GABA	50 mg	*
Melatonin	4 mg	*	L-Theanine	50 mg	*
				Amount	DV %
<b>Organic Herbal &amp; Botanical Extract Blend</b>				<b>525 mg</b>	<b>*</b>
Valerian Root, Passion Flower, Chamomile Flower, California Poppy (aerial parts), Lemon Balm, and Tart Cherry.					
<b>Other Ingredients:</b> Artesian Water, Vegetable Glycerin USP, Organic Wild Berry and Mint Extract Flavors.					
*Recommended Dietary Values not established. Based on a 2,000 calorie/day diet.					

Manufactured and Distributed by:  
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